

Home Composting

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If you have enough space in your home (on balconies, verandas, terraces or in gardens), you can always do home composting.

This process is the decomposition of organic waste (food, leaves, etc.) by micro-organisms and insects in the presence of carbon and nitrogen.

The entire process occurs inside a container (the composter) that should be located in a place that receives little sunlight, making balconies and areas with trees (back gardens) the perfect locations.



Composting has environmental advantages. The production of compost from everyday household waste reduces the amount of organic waste that would have to be sent to landfill.

The product resulting from the process (compost) is quite nutritious and it can be used to improve the quality of the soil in gardens, flower beds and plant pots.

There are thus economic and environmental benefits – compost produced at home means it does not have to be bought (i.e. industrially produced fertilizer, with its associated environmental impact) and good use is made of the organic waste that is produced every day.



Source: <http://ambiente.maiadigital.pt/ambiente/residuos/mais-informacao-1/compostagem>